

PALOS VERDES PENINSULA SUMMER SCHOOL  
Health Services

SEIZURE EMERGENCY PLAN

Student's Name:	DOB:	Grade:
Current Medication(s):		

<u>Type of Seizure(s)</u>	<u>Description*</u>
<input type="checkbox"/> Absence	Staring, eye blinking, loss of awareness, Other _____
<input type="checkbox"/> Simple partial	Remains conscious, distorted sense of smell, hearing, sight, involuntary rhythmic jerking/twitching on one side, Other _____
<input type="checkbox"/> Complex partial	Confused, not fully responsive/unresponsive, may appear fearful, purposeless, repetitive movements, Other _____
<input type="checkbox"/> Generalized tonic-clonic	Convulsions, stiffening, breathing may be shallow, lips/skin may have bluish color, unconsciousness, confusion, weariness, or belligerence when seizure ends, Other _____

\*Student may experience some or all of the listed symptoms during a seizure.

Possible warning and/or behavior changes prior to the seizure \_\_\_\_\_

Average Frequency: \_\_\_\_\_

Usual Time of Day Seizure Occurs: \_\_\_\_\_

Average Length of time Seizure Lasts: \_\_\_\_\_

**TREATMENT**

- ☐ DIASTAT (diazepam rectal gel) \_\_\_\_\_ mg rectally prn for:  
seizure > \_\_\_\_\_ minutes OR for \_\_\_\_\_ or more seizures in \_\_\_\_\_ hours
- ☐ Use VNS (vagal nerve stimulator) Magnet \_\_\_\_\_
- ☐ Other \_\_\_\_\_
- ☐ **CALL 911 if:**
  - Seizure does not stop by itself or with VNS within \_\_\_\_\_ minutes
  - Seizure does not stop within \_\_\_\_\_ minutes of giving DIASTAT
  - Child does not start waking up within \_\_\_\_\_ minutes after seizure is over (no DIASTAT given)
  - Child does not start waking up within \_\_\_\_\_ minutes after seizure is over (after DIASTAT is given)

Following a Seizure:

- ☐ Child should rest in health office
- ☐ Child may return to class
- ☐ Parents should be notified immediately
- ☐ Parents should receive a note sent home with the child

Physician's Signature: \_\_\_\_\_ Date \_\_\_\_\_

License# \_\_\_\_\_ Phone \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date \_\_\_\_\_

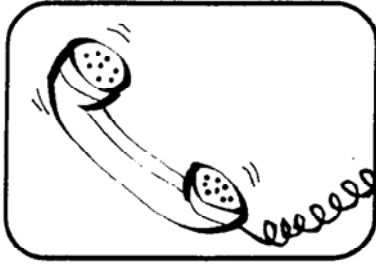
### EMERGENCY CONTACTS

1. Name: \_\_\_\_\_  
Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_
2. Name: \_\_\_\_\_  
Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_
3. Name: \_\_\_\_\_  
Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

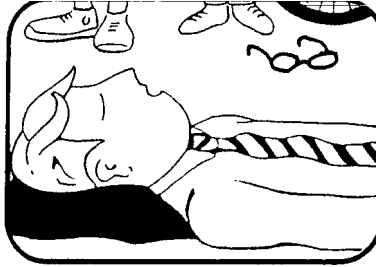
### TRAINED STAFF MEMBERS

1. Name: \_\_\_\_\_ Room: \_\_\_\_\_
2. Name: \_\_\_\_\_ Room: \_\_\_\_\_
3. Name: \_\_\_\_\_ Room: \_\_\_\_\_

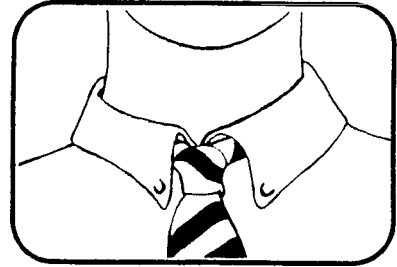
## First Aid for Seizures



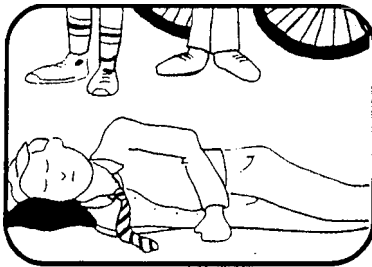
In case of seizure, immediately contact the school nurse or designed



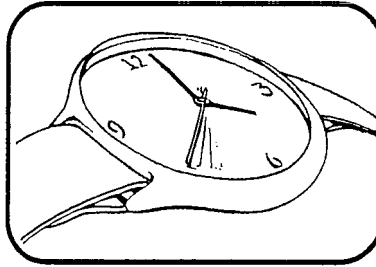
Cushion head, remove glasses



Loosen tight clothing



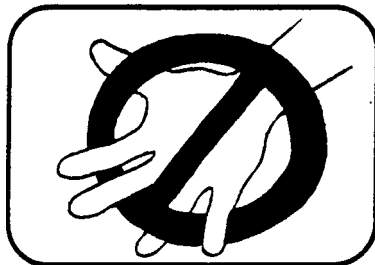
Turn on side and keep airway clear



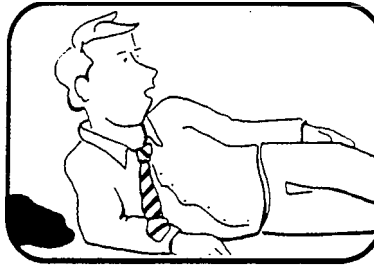
Note the time a seizure starts and the length of time it lasts



Don't put anything in mouth



Don't hold down



As seizure ends...



...offer help

Most seizures in people with epilepsy end without harm after 1 or 2 minutes and usually do not require a trip to the emergency room. But sometimes there are good reasons to call for emergency help:

- Prolonged seizure
- Difficulty breathing after a seizure
- Slow recovery
- Pregnancy or other medical diagnosis
- Repeated seizures on the same day
- Any signs of injury

### CONFIDENTIALITY STATEMENT

By creating and distributing the DIASTAT® (diazepam rectal gel) Back-to-School Kit, it is the expressed intention of Xcel Pharmaceuticals, [Inc. to](http://www.xcelpharm.com) provide a value-added service to healthcare providers, caregivers, and patients. Xcel Pharmaceuticals, Inc. intends to fully comply with HIPAA guidelines for patient confidentiality to ensure that personal information is not disclosed to anyone outside of those that the parent/caregiver, healthcare professional, or student-patient deem acceptable. Xcel Pharmaceuticals, [Inc. is](http://www.xcelpharm.com) not responsible for the DIASTAT Back-to-School Kit or its contents after the kit has been released to healthcare professionals. Careful consideration should be given before any medical information is released to others.

DIASTAT is a registered trademark of Xcel Pharmaceuticals, inc.  
© 2004 Xcel Pharmaceuticals, inc.



**Diastat**  
(diazepam rectal gel)  
[www.diastat.com](http://www.diastat.com)

Pg 3